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**SANGGUNIANG  
BAYAN**  
**MONCADA, TARLAC**



EXCERPT FROM THE MINUTES OF THE 9<sup>th</sup> REGULAR SESSION FOR CY 2024 OF THE 11<sup>th</sup> SANGGUNIANG BAYAN OF MONCADA, TARLAC HELD ON THE 18<sup>th</sup> DAY OF MARCH 2024 AT THE SB SESSION HALL, SB-ABC-SK BUILDING.

**PRESENT:**

<b>HON. RAMON BENITO M. AQUINO</b>	..VICE MAYOR / PRESIDING OFFICER
<b>HON. JANIUS M. YASAY</b>	..MEMBER
<b>HON. RODOLFO C. ESPEJO, JR.</b>	..MEMBER
<b>HON. ALBERTO C. MARZAN, JR., MD</b>	..MEMBER
<b>HON. THELMAFLOR A. ESPEJO</b>	..MEMBER
<b>HON. GEORGE MICHAEL P. AGUILAR</b>	..MEMBER
<b>HON. CELESTE A. AYSON</b>	..MEMBER
<b>HON. DEAN MICHAEL V. DUQUE</b>	..MEMBER
<b>HON. BERNADINE C. FERRER</b>	..LNB PRESIDENT

**ABSENT:**

<b>HON. CONSTANTE NESTOR A. FAVIS</b>	..MEMBER
<b>HON. JAYVEE B. NATIVIDAD</b>	..MFSK PRESIDENT

**MUNICIPAL ORDINANCE NO.  
2024-005**

**ESTABLISHING HYPERTENSION AND DIABETES MELLITUS CLUBS IN THE MUNICIPALITY OF MONCADA, PROVINCE OF TARLAC**

**Sponsored by: Coun. Alberto C. Marzan, Jr., MD  
Coun. Janius M. Yasay**

**WHEREAS**, the Department of Health (DOH) has recognized the urgent need for community-based interventions to address the rising cases of Hypertension and Diabetes Mellitus;

**WHEREAS**, pursuant to DOH Administrative Order No. 2016-0014, local government units are encouraged to establish clubs or organizations that promote health and wellness, with a particular focus on managing and preventing Hypertension and Diabetes Mellitus;

**WHEREAS**, there is a necessity to establish the Hypertension and Diabetes Mellitus Club in the Municipality of Moncada, aiming to identify a greater number of patients during the initial phases of hypertension and diabetes. Forming an active Health Club for patients stands as a strategic approach to guarantee ongoing care, enhance the efficacy of lifestyle modifications, and mitigate the risk of complications;

**NOW, THEREFORE**, on motion by Coun. Coun. Janius M. Yasay, duly seconded;





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**BE IT ENACTED** by the Sangguniang Bayan of Moncada, Tarlac, in session assembled, that:

**SECTION 1. Short Title.** This Ordinance shall be known and cited as the **"Anti-Hypertension and Diabetes Ordinance"** of the Municipality of Moncada.

**SEC. 2. Legal Basis.** As per Administrative Order No. 2016-0014, Non-Communicable Diseases (NCD) persist as the primary contributors to fatalities among Filipinos, with Hypertension ranking as the foremost ailment. Diabetes also maintains its significance, impacting approximately 5% of our adult population (Source: FNRI-National Nutrition Survey, 2013).

A proactive campaign is imperative to identify individuals in the early phases of hypertension and diabetes. One strategic approach involves grouping patients into dynamic Health Clubs, thereby ensuring sustained care, enhancing the efficacy of lifestyle adjustments, and averting potential complications.

The issuance of the following guidelines is hereby mandated to support the efforts in combating Non-Communicable Diseases (NCDs), particularly at primary health facilities, including health centers and barangay health stations. These guidelines emphasize the policies and objectives set forth in the National Policy on enhancing the Prevention and Control of Chronic Lifestyle-Related Non-Communicable Diseases (NCD) (DOH AO 2011-003) and the "Implementing Guidelines on the Institutionalization of Philippine Packages of Essential NCD Intervention (Phil PEN) on the Integrated Management of Hypertension and Diabetes for Primary Health Care Facilities (DOH AO 2012-0029)."

**SEC. 3. Definitions of Terms**

- a. PhilPEN Protocol - refers to the Philippine Package of Essential Noncommunicable Disease Interventions which employ a total risk approach. Individual clients/patients undergo assessment and management based on the risk prediction chart. The prediction charts estimate the client/patient's risk of experiencing a cardiovascular event (CV risk) in the years ahead. This protocol will be applied to all patients screened and identified with Non-Communicable Diseases (NCDs).
- b. Health Facilities - these provide screening and management for hypertension and diabetes. They may include, but are not limited to, Rural Health Units (RHUs) and barangay health stations.
- c. DOH Hypertension and Diabetes Registry - a registry documenting patients diagnosed with hypertension and diabetes in various facilities, such as iClinicSys and Wireless Access for Health for Rural Health Units and the Integrated Chronic Non-Communicable Disease Registry for Hospitals.
- d. DOH Health Club - An organization that comprises officers with established rules and by-laws, sharing a common goal of enhancing the health and wellness of its members. Initially, these clubs shall be organized within health facilities such as RHUs and later expanded to barangays.





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#### SEC. 4. General Guidelines

- a. Accelerated Case Finding for hypertension and diabetes mellitus shall be applicable to individuals aged 40 years and above.
- b. Mandatory Registry: All Rural Health Units (RHUs)/Health Centers are required to maintain a registry of all patients with hypertension and diabetes. This registry aims to closely monitor their health conditions and facilitate the provision of medications.
- c. Voluntary Enrollment: Diagnosed patients with hypertension and/or diabetes in both public and private health facilities are encouraged to voluntarily enroll in the designated Hypertension and Diabetes Health Clubs in their health center. The list of health clubs shall be submitted to the DOH Central Office after validation by the Provincial and Regional Offices.
- d. Service Delivery Network: Each health facility must ensure the existence of a network connecting higher facilities and providers within the provincial or city-wide health systems. This network will facilitate referrals and the provision of other healthcare services.
- e. Standardizing Diagnostics: The standard screening for diabetes shall involve fasting blood sugar/glucose (FBS) with 8-10 hours of fasting, replacing the use of random blood sugar. This change aims to enhance resource efficiency and facilitate follow-up. Initially conducted through the capillary method (glucometer), it will be confirmed by venous FBS scheduled for regular follow-up and re-evaluation by physicians based on Phil PEN.
- f. Adoption of Phil PEN PROTOCOL: The Phil PEN protocol shall serve as the basis for conducting additional assessments, screening, management, and follow-up of patients in the facilities. The risk assessment for individuals aged 20-39 years, who are apparently healthy or exhibit risk factors or early manifestations of disease, shall also be covered as defined in this protocol.

#### SEC. 5. Administrative Provision.

The organization of Hypertension and Diabetes Clubs of the Municipality of Moncada shall be implemented and supervised by the following:

Municipal Health Officer  
Rural Health Physician  
Public Health Nurses

Members:  
Rural Health Midwives  
Medical Technologists  
Pharmacist  
Deployed Human Resources for Health (HRH)  
Barangay Health Workers (BHW)  
Barangay Nutrition Scholar (BNS)

#### SEC. 6.

This Ordinance shall take effect immediately upon approval.



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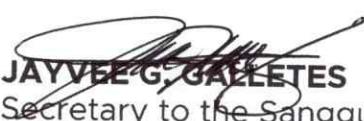


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**ENACTED**, this 18<sup>th</sup> day of March, 2024 at Moncada, Tarlac.

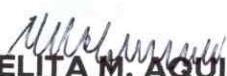
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**I HEREBY CERTIFY** to the correctness of the foregoing Ordinance which was enacted on Third and Final Reading by the 11<sup>th</sup> Sangguniang Bayan of Moncada during its Regular Session held on the aforementioned date and place.

  
**JAYVEE G. GALLETES**  
Acting Secretary to the Sanggunian  


**ATTESTED AND CERTIFIED  
TO BE DULY ENACTED:**

  
**RAMON BENITO M. AQUINO**  
Vice Mayor & Presiding Officer

**APPROVED BY HER HONOR, THE MAYOR, THIS 19<sup>th</sup> DAY OF March, 2024**

  
**ESTELITA M. AQUINO**  
Municipal Mayor

